

# What's New in Breast Cancer Genetics

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## Disclosures

- ▶ Natera - advisory board 2022
- ▶ No other relevant disclosures

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## Learning Objectives

- ▶ Recognize genes associated with high vs moderate risk for breast cancer
- ▶ Outline management differences between high and moderately penetrant genes
- ▶ Identify indications for parp inhibitors in the adjuvant and metastatic settings

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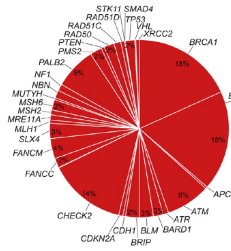
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**About 10% of breast cancer is hereditary**



- Most Common Mutations:**
- BRCA1, BRCA2
  - PALB2
  - CHECK2
  - ATM

Suszynska GynOnc 2019

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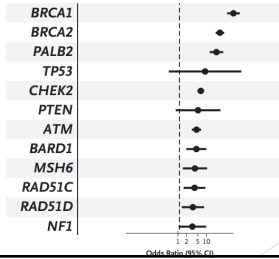
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**Genes Associated with Hereditary Breast Cancer**



BCAC NEJM 2021

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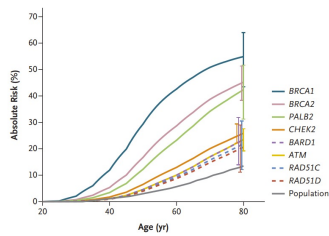
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**Cancer Risk**



- Highest Lifetime Risk**
- BRCA1, BRCA2
  - PALB 2
  - ATM
  - CHEK2

BCAC NEJM 2021

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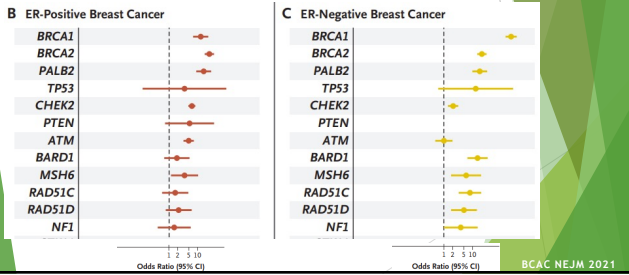
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## Risk for Er- vs Er+




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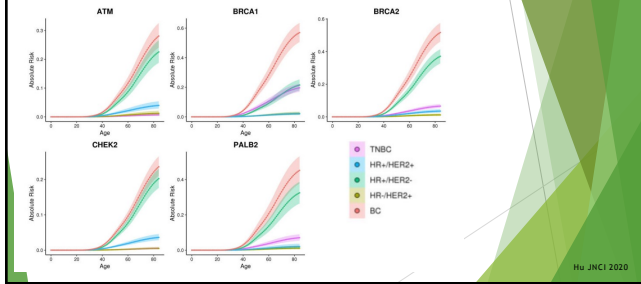
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## Cancer Risks and Cancer Types Associated with Common Hereditary Cancers




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## Genes associated with HBC with management guidelines

| Highly Penetrant | Moderately Penetrant |
|------------------|----------------------|
| BRCA1            | CHEK2                |
| BRCA2            | ATM                  |
| PALB2            | NF1                  |
| TP53             | RAD51C               |
| PTEN             | RAD51D               |
| STK11            | BARD1                |

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### Lifetime Breast Cancer Risk associated with Highly Penetrant genes

| Gene  | Cancer Risk |
|-------|-------------|
| BRCA1 | 60-72%      |
| BRCA2 | 55-72%      |
| PALB2 | 32-53%      |
| TP53  | >60%        |
| CDH1  | 37-55%      |
| PTEN  | 40-60%      |
| STK11 | 32-54%      |

NCCN HBOPC Guidelines v1.2025

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### Lifetime Breast Cancer Risk associated with Moderately Penetrant genes

| Gene   | Cancer Risk |
|--------|-------------|
| ATM    | 21-24*      |
| CHEK2  | 23-27       |
| BARD1  | 17-30%      |
| RAD51C | ~20%        |
| RAD51D | ~20%        |
| NF1    | 32-53       |

\*ATM 7271T>G -60%

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### Breast and Ovarian Risk Management by Gene

|                                                                   | Screening breast MRI (>20% lifetime risk)                | Discuss risk, reducing mastectomy                        | Discuss risk-reducing BSO                                     |
|-------------------------------------------------------------------|----------------------------------------------------------|----------------------------------------------------------|---------------------------------------------------------------|
| Intervention warranted based on risk - Highly Penetrant Genes     | BRCA1<br>BRCA2<br>PALB2<br>TP53<br>CDH1<br>PTEN<br>STK11 | BRCA1<br>BRCA2<br>PALB2<br>TP53<br>CDH1<br>PTEN<br>STK11 | BRCA1<br>BRCA2<br>PALB2<br>BRIP1<br>RAD51C<br>RAD51D<br>PALB2 |
| Intervention warranted based on risk - Moderately Penetrant Genes | ATM<br>CHEK2<br>NF1<br>BARD1<br>RAD51C/D                 |                                                          |                                                               |
| Insufficient evidence                                             | BRIP1                                                    | ATM, CHEK2, BARD1, NF1<br>RAD51C/D                       | TP53                                                          |

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## Indications for Genetic Testing

- ▶ Affected with cancer
  - ▶ Cancer type and pathology
  - ▶ Family History
  - ▶ Ethnicity
- ▶ Unaffected
  - ▶ Family history
  - ▶ Ethnicity

NCCN Guidelines v1.2025  
Lu, Wood JCO 2014

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## Indications for Genetic Testing based on Personal History

- ▶ Age ≤65 y
- ▶ Any age:
  - ▶ To aid in treatment decisions (surgical, adjuvant, metastatic management)
  - ▶ Pathology/histology
    - ▶ Triple-negative breast cancer
    - ▶ Multiple primary breast cancers (synchronous or metachronous)
    - ▶ Lobular breast cancer with personal or family history of diffuse gastric
  - ▶ Male breast cancer
  - ▶ Ancestry: Ashkenazi Jewish ancestry
  - ▶ Family history

NCCN Guidelines v1.2025  
Bedrosian JCO 2024  
Lu, Wood JCO 2014

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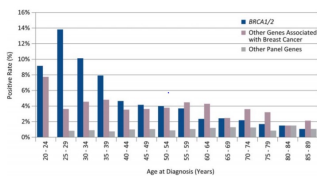
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## Panel Testing for breast cancer



Early age at diagnosis increases the likelihood of finding a mutation

- Mutation rates:
  - Women <40: 13-18%
  - Women 41-49: 8.6-9.0%

BRCA genes and HBC genes most commonly associated with early onset

Buy's Cancer 2017

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## Implications of Genetic Testing for Women with Breast Cancer

- ▶ At Diagnosis
  - ▶ Surgical decision making
    - ▶ Bilateral mastectomies are an option for highly penetrant genes (i.e. BRCA1, BRCA2, PALB2)
    - ▶ Avoid radiation for TP53 mutation carriers
  - ▶ Surveillance
    - ▶ Annual Screening Breast MRI + Annual Mammogram for moderate and highly penetrant genes

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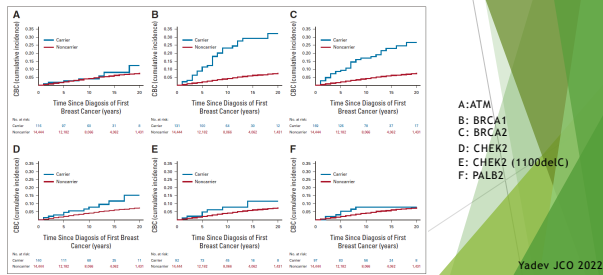
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## Contralateral Breast Cancer Risk by Gene




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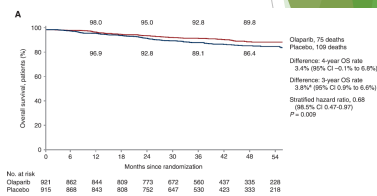
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## Adjuvant therapy for BRCA associated cancers

- ▶ Eligibility:
  - ▶ ER- >2cm/LN+ or no pCR
  - ▶ ER+ ≥4LN+ or no pCR (CPS+EG score 3)
- ▶ Olaparib for one year




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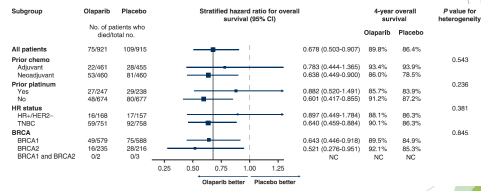
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## Parp inhibitor as adjuvant therapy



Geyer AnnOnc 2022

## Parp inhibitor as adjuvant therapy

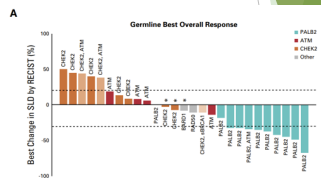
Table 2. Summary of adverse events in the safety analysis set\*

| Adverse event, no. of patients (%)                                            | Olaparib (n = 911) | Placebo (n = 904) |
|-------------------------------------------------------------------------------|--------------------|-------------------|
| Any adverse event                                                             | 836 (91.8)         | 758 (83.8)        |
| Serious adverse event                                                         | 79 (8.7)           | 78 (8.6)          |
| Adverse event of special interest <sup>†</sup>                                | 31 (3.4)           | 51 (5.6)          |
| MDS/AML                                                                       | 2 (0.2)            | 3 (0.3)           |
| Pneumonitis <sup>‡</sup>                                                      | 9 (1.0)            | 12 (1.3)          |
| New primary malignancy <sup>§</sup>                                           | 21 (2.3)           | 36 (4.0)          |
| Grade ≥3 adverse event                                                        | 223 (24.5)         | 102 (11.3)        |
| Grade 4 adverse event <sup>¶</sup>                                            | 17 (1.9)           | 4 (0.4)           |
| Adverse event leading to permanent discontinuation of treatment <sup>  </sup> | 98 (10.8)          | 42 (4.6)          |
| Adverse event leading to death <sup>¶¶</sup>                                  | 1 (0.1)            | 2 (0.2)           |

Geyer AnnOnc 2022

## Management of metastatic hereditary breast cancer

- PARP inhibitor
  - Olaparib, talazoparib
  - BRCA1, BRCA2, PALB2
  - NOT ATM/CHEK 2
- Improved PFS
  - olaparib 4.2 v 7 months
  - talazoparib 5.6 v 8.6 months
- Less toxicity compared to chemotherapy



Robson NEJM 2017  
Lifton NEJM 2018  
Tung JCO 2020

## Cascade testing

- ▶ Definition: Genetic testing in blood relative who have known pathogenic variants.
  - ▶ 1<sup>st</sup> degree relatives: 50% risk
  - ▶ 2<sup>nd</sup> degree relatives: 25% risk
- ▶ Impact of testing
  - ▶ Positive
    - ▶ Have cancer risk associated with mutation
    - ▶ Cancer screening and prevention can improve survival
  - ▶ Negative
    - ▶ Population cancer risk
    - ▶ Need to evaluate non-mutation side of the family

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## Summary

- ▶ Reviewed Genes and Breast Cancer Risk associated high and moderately penetrant genes
- ▶ Reviewed management for both high and moderately penetrant gene mutation carriers
- ▶ Discussed
  - ▶ Risk for Er+ vs ER - disease by gene
  - ▶ Risk for Contralateral disease by gene
- ▶ Impact on management of breast cancer
- ▶ Importance of cascade testing!!!

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## Who should receive adjuvant parp inhibitor

- ▶ 35 year old BRCA 1 mutation carrier with LN+ ER+ disease who has significant residual disease after neoadjuvant Adriamycin+Cytoxan followed by taxol
- ▶ 65 year old BRCA 2 mutation carrier with 7LN+ ER+ disease and undergoes bilateral mastectomy
- ▶ 40 year old BRCA 1 mutation carrier with LN+ ER-/HER2+ disease who has residual disease after neoadjuvant therapy

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Which mutation carriers are not candidates for risk reducing mastectomies

- ▶ PALB2 mutation carriers
- ▶ ATM mutation carriers
- ▶ CHECK 2 mutation carriers
- ▶ TP 53 mutation carriers

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▶ Thank you!

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