

# 17th Annual Rocky Mountain Metabolic Syndrome SYMPOSIUM

Jointly Provided by



## FRIDAY, MAY 15, 2020

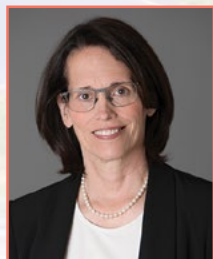
UNIVERSITY OF COLORADO ANSCHUTZ MEDICAL CAMPUS

ACPE  
ACCME  
ANCC  
CDR

## FEATURED SPEAKERS



**ROBERT H. ECKEL, MD**  
Professor of Medicine, Emeritus  
Division of Endocrinology, Metabolism &  
Diabetes and Division of Cardiology  
University of Colorado  
School of Medicine  
President, Medicine & Science,  
American Diabetes Association  
Past President,  
American Heart Association



**ANNE L. PETERS, MD**  
Director, USC Clinical  
Diabetes Programs  
Professor of Clinical Medicine  
Keck School of Medicine of USC  
Los Angeles, CA



**WILLIAM SAMUEL YANCY,  
MD, MHS**  
Director, Duke Diet & Fitness Center  
Associate Professor of Medicine  
Duke University Medical Center  
Durham, NC

# TARGET AUDIENCE

This program is designed to benefit Physicians, Diabetes Educators, Nurses, Nurse Practitioners, Pharmacists, Physician Assistants & Registered Dietitians.

*There are no pre-requisites required for this course. To claim your certificate you must sign in, attend the seminar, complete the activity evaluation and post-test and download your certificate of completion. **Competencies addressed:** Patient Care; Medical Knowledge; Interpersonal & Communication Skills; Professionalism; System-Based Practice*

## COURSE DESCRIPTION

This course is designed to bring together leaders in research and medicine with a multidisciplinary group of healthcare practitioners from the Rocky Mountain Region. The activity focuses on practical approaches to the metabolic syndrome and key related clinical challenges. Its central purpose is to create enduring performance improvement that generates compelling advances in patient care.

## FORMAT

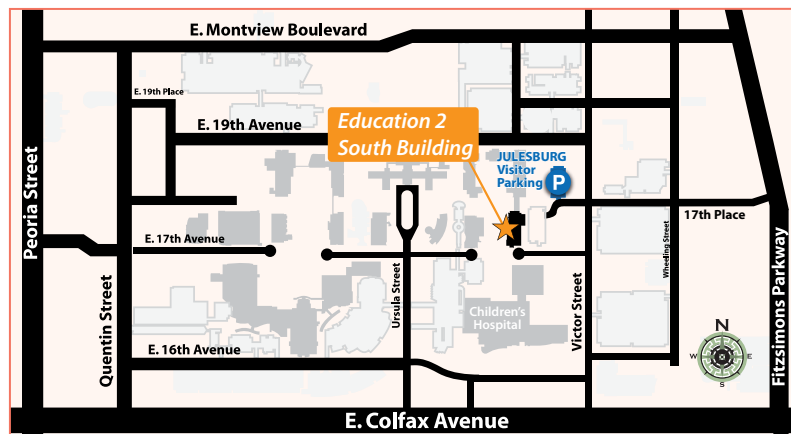
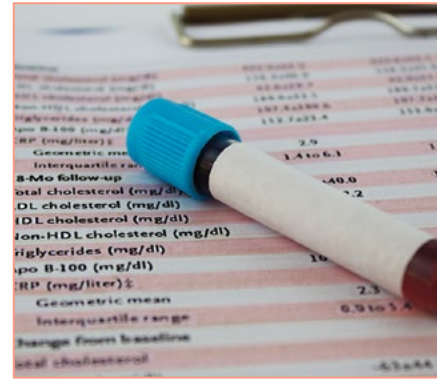
Program sessions integrate the most current scientific and clinical information and incorporate case-based learning methods. A discussion period after each presentation will be used to clarify and debate issues. Participants will also have the opportunity to visit industry exhibits.

## LEARNING OBJECTIVES

These objectives support medical assessment and management with patient populations for physicians, nurses, diabetes educators, nurse practitioners, physician assistants, pharmacists and registered dietitians. As a result of participating in this activity the learner will be able to:

- Apply guidelines pertaining to the screening and assessment of the metabolic syndrome patient.
- Implement current diet and nutrition recommendations for patients with the metabolic syndrome and type 2 diabetes.
- Assess practical strategies for managing hypothyroidism in the metabolic syndrome patient.
- Compare therapeutic advances in the management of atherosclerosis, dyslipidemia, type 2 diabetes, obesity and related diseases centered on the metabolic syndrome.
- Integrate challenges and current recommendations pertaining to the treatment of major depression.

*The information provided at this CME/CE activity is for continuing education purposes only and is not meant to substitute for the independent medical/clinical judgment of a healthcare provider relative to diagnostic and treatment options of a specific patient's medical condition. If you have credit questions or concerns, please contact [cpdsupport@health.usf.edu](mailto:cpdsupport@health.usf.edu) or call 813-224-7860. If you have activity questions or concerns, please contact CEConsultants at [questions@thececonsultants.com](mailto:questions@thececonsultants.com) or call 303-933-1767.*



## PARKING

Public parking is available in the **Julesburg** visitor parking lot on 17th Place near the Education 2 South Building. Parking is \$8/day.

## LODGING

Visit the following web address to access contact information for all lodging near the University of Colorado Hospital Anschutz Medical Campus: [www.cu.edu/psc/travel/preferred-hotel-program](http://www.cu.edu/psc/travel/preferred-hotel-program). (Please note that many of these hotels offer special University of Colorado Hospital discounts so be sure to mention you are attending a UCH activity.)

# LOCATION

University of Colorado  
Anschutz Medical Campus  
Education 2 South Building Auditorium  
13121 E 17th Avenue • Aurora, CO 80045

## DRIVING DIRECTIONS

### From the South (via I-225)

- West on Colfax to Victor St.
- Right (North) on Victor St.
- Left (West) on E. 17th Place
- Street leads to Julesburg parking lot

### From the North (via I-70)

- South on Peoria to E. Montview Blvd.
- Left (East) on E. Montview Blvd. to Victor St.
- Right (South) on Victor St.
- Right (West) on E. 17th Place
- Street leads to Julesburg parking lot

*USF is an Equal Opportunity/Affirmative Action/Equal Access Institution. For disability accommodations contact CEConsultants at 303-933-1767 within 5 days of the event.*

# PROGRAM AGENDA

Friday, May 15, 2020

7:00-7:45	Registration/Coffee
7:45-8:00	<b>Metabolic Syndrome Update 2020</b> <i>Marc-Andre Cornier, MD</i>
8:00-8:45	<b>Cardiovascular Disease &amp; Diabetes: What's Left to Be Accomplished with Lipids &amp; Lipoproteins?</b> <i>Robert H. Eckel, MD</i>
8:45-9:45	<b>How Low Can You Go? Evidence-Based Update For Low-Carb Eating</b> <i>William Samuel Yancy, MD, MHS</i>
9:45-10:05	Break/Exhibits
10:05-11:05	<b>Individualized Type 2 Diabetes Management</b> <i>Anne L. Peters, MD</i>
11:05-11:50	<b>Challenging Obesity Cases</b> <i>William Samuel Yancy, MD, MHS</i>
11:50-12:35	Lunch/Exhibits
12:35-1:20	<b>Challenging Diabetes Cases</b> <i>Anne L. Peters, MD</i>
1:20-2:05	<b>Update on Hypothyroidism Therapy</b> <i>Michael McDermott, MD</i>
2:05-2:25	Break/Exhibits
2:25-3:10	<b>Boning Up on Osteoporosis Treatment</b> <i>Cy Fixen, PharmD, BCACP</i>
3:10-3:55	<b>Hypertriglyceridemia and CVD: to Treat or Not to Treat?</b> <i>Marc-Andre Cornier, MD</i>
3:55-4:00	Break/Exhibits
4:00-4:45	<b>Navigating Depression in the Metabolic Syndrome Patient</b> <i>Jacqueline Calderone, MD</i>
4:45	Adjourn <i>Agenda is subject to change.</i>

## FACULTY

### COURSE DIRECTOR

**MARC-ANDRE CORNIER, MD**  
Professor of Medicine  
Division of Endocrinology,  
Metabolism & Diabetes  
Anschutz Health and Wellness Center  
University of Colorado School of Medicine

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**WILLIAM SAMUEL YANCY, MD, MHS**  
Director, Duke Diet & Fitness Center  
Associate Professor of Medicine  
Duke University Medical Center  
Durham, NC

**JACQUELINE CALDERONE, MD**  
Associate Director of Primary Care  
Telepsychiatry, Helen & Arthur E.  
Johnson Depression Center  
Team Psychiatrist, Denver Nuggets  
Assistant Professor, Department of Family  
Medicine & Department of Psychiatry  
University of Colorado School of Medicine

**CY FIXEN, PHARM D, BCACP**  
Assistant Professor  
Department of Clinical Pharmacy  
University of Colorado  
Skaggs School of Pharmacy

**MICHAEL MCDERMOTT, MD**  
Professor of Medicine  
Division of Endocrinology,  
Metabolism & Diabetes  
University of Colorado School of Medicine

**FACULTY DISCLOSURE:** USF Health adheres to the ACCME Standards regarding commercial support of continuing medical education. It is the policy of USF Health that the faculty and planning committee disclose real or apparent conflicts of interest relating to the topics of this educational activity, that relevant conflict(s) of interest are resolved and also that speakers will disclose any unlabeled/unapproved use of drug(s) or device(s) during their presentation. Detailed disclosure will be made in the course syllabus.

## ACCREDITATION



**ACCME:** This activity has been planned and implemented in accordance with the accreditation requirements and policies of the Accreditation Council for Continuing Medical Education (ACCME) through the joint providership of USF Health and CEConsultants. USF Health is accredited by the ACCME to provide continuing medical education for physicians.

USF Health designates this live activity for a maximum of 7.50 *AMA PRA Category 1 Credits™*. Physicians should claim only the credit commensurate with the extent of their participation in the activity.



**REGISTERED DIETITIANS:** USF Health, C0001, is a Continuing Professional Education (CPE) Accredited Provider with the Commission on Dietetic Registration (CDR) from 2/22/19 to 2/21/22. Registered dietitians (RDs) and dietetic technicians, registered (DTRs) will receive up to 7.5 Level 2 continuing professional education units (CPEUs) for completion of this program/materials. Continuing Professional Education Provider Accreditation does not constitute endorsement by CDR of a provider, program or materials.

**AAPA:** PAs may claim a maximum of 7.5 Category 1 credits for completing this activity. NCCPA accepts *AMA PRA Category 1 Credit™* from organizations accredited by ACCME or a recognized state medical society.

**ANCC:** USF Health is accredited as a provider of continuing nursing education by the American Nurses Credentialing Center's Commission on Accreditation.

A maximum of 7.50 contact hours may be earned by learners who successfully complete this continuing nursing education activity.



**ACE:** USF Health is accredited by the Accreditation Council for Pharmacy Education as a provider of continuing pharmacy education. This knowledge-based program has been approved for 7.5 contact hours (0.75 CEUs). Universal program number is as follows: 0230-9999-20-008-L01-P.

To receive continuing education credit, a pharmacist must attend the accredited sessions, actively participate in questions and answers, and must return the program evaluation instrument. In order to receive full credit, registrants must register no later than 10 minutes after the start of the meeting and must attend the entire meeting.

It is the responsibility of the pharmacy participant to ensure the provider has the learner's birthday and ePID/NABP number; it is the responsibility of the provider to submit to CPE Monitor participant information within 60 days of the activity for all participants who have attended, attested to their participation and provided their ePID/NABP number and birthdate.

# REGISTRATION

## Information & Fees

The registration fee includes the program, syllabus, catered breaks and lunch. Refunds are issued only for meetings which are canceled by the education provider.

Parking is operated by a private company that charges \$8\* per day.

\*Parking fee subject to change.



### EARLY REGISTRATION: \$199

Discounted fee for those registered **prior to April 03, 2020.**

### STANDARD REGISTRATION: \$219

Standard fee applies to registrations postmarked **after April 03, 2020.**

### ONSITE REGISTRATION: \$239

Onsite fee applies to participants that register on the day of the event, **May 15, 2020.**

## Two Ways to Reserve Your Place

- ▶ Detach completed form below and mail with check. **\$199 (prior to 04/03/20) or \$219 (after 04/03/20)**
- ▶ Register Online. Visit [www.thececonsultants.com](http://www.thececonsultants.com) and click on **'Metabolic Syndrome'**

Complimentary lunch will be served. Do you require a vegetarian meal?  Yes  No

Name (As you would like listed on your CME/CE certificate)		Pharmacy Participants Only	
		NABP #	Birthday (MM/DD)
Degree (MD, NP, PharmD, RN, etc.)		Dietitian Participants Only	
Specialty (Endocrinology, Family Practice, etc.)		CDR Registration #	
Address			
City, State, Zip			
Email (for sending receipt and claiming CME/CE)		Phone	

**PAY BY CHECK:** Return form and enclose check payable to: **CEConsultants, LLC**

Mail to: **CEConsultants, LLC** • 33 Lark Bunting Lane • Littleton, CO 80127

I have special needs and require accommodation in order to fully participate in this activity. (Someone will contact you to discuss your needs.)

**PAY BY CREDIT CARD:**  Visa  MC  Discover  AmEx

FAX with credit card number to: 303-933-1764

Name on Card	\$	Amount
Credit Card Number	Expiration Date	CVV (3 or 4 digit card security code)
Credit Card Zip (if different from above)	Signature	

For additional information contact **CEConsultants** at [questions@thececonsultants.com](mailto:questions@thececonsultants.com) or call **303-933-1767.**